



TRANSCEND

JUNE
2018

Ascot Vale Uniting Church Newsletter

60 Maribyrnong Road, Moonee Ponds
Services: Sundays at 10am

We are pleased to welcome our next Supply Ministers

Evelyn Payne

Evelyn was ordained in 1985 and her first appointment was as Chaplain at Penleigh and Essendon Grammar. There, she taught Religious Education, organised Junior and Preparatory School Social service activities, counselled students and staff members, and held regular worship services.

After 10 years at PEG she spent two years as Chaplain at Ballarat and Clarendon College.

She next returned to PEG and served as Chaplain for another 17 years until her retirement in 2014.

She has been busy in retirement, serving as a Supply Minister at Sunbury UC, St Johns UC and Keilor UC.

Evelyn puts conducting worship as her top priority, followed by Pastoral Care, and promoting Multicultural and faith worship including youth involvement in services.

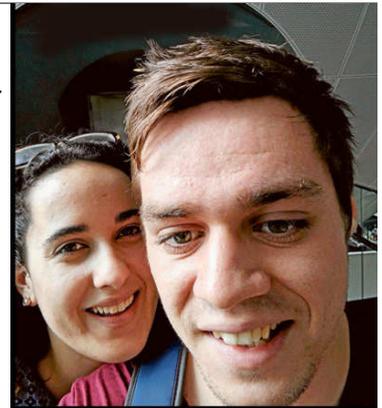


Matthew Julius

Matt Julius is a student at Pilgrim Theological College, and Assistant Manager at the Sycamore Tree (a social enterprise cafe run by the Uniting Church).

He is married to Natalie, a social worker, and they have a greyhound named Holly.

Having studied philosophy, sociology and now theology, Matt likes to ask questions about the world, and engage in conversations with everyone.



Church contact phone numbers and emails

Church Council Chairperson, Michael Long:	0406 028 508	michaelphotoman@gmail.com
Church Council Secretary, Dorothy Howes:	0432 397 359	dorothyshowes@hotmail.com
Church Officer/Property Manager, Candace Elliott:	0434 491 271	mloqueen@hotmail.com
Church email	avuniting@gmail.com	

Our Church Officer :

Candace deals with many of the church administrative tasks including bookings. You can contact her using the new church email avuniting@gmail.com

Ascot Vale Uniting is a safe place for all people to worship regardless of age, race, creed, gender, cultural background, or sexual orientation

Dates for your Diary

Sunday June 10 - Coburg-Ascot Vale Men's Group 6pm
 Sundays June 17 & 24 Refugee Sundays
 Saturday June 23 - Movie Night
 Sunday June 24 - Harvest Swap
 NAIDOC Week - Sunday July 8 - 15
 Last day of School Term 2 - Friday June 29
 Term 3 commences Monday July 16

MINISTERS TAKING SERVICES JUNE -SEPT

June 3:	Evelyn Payne
June 10:	Matt Julius
June 17:	Evelyn Payne
June 24:	Mark Dunn
July 1:	Mark Dunn
July 8:	Mark Dunn
July 15:	Evelyn Payne
July 22:	Matt Julius
July 29:	Evelyn Payne
Aug 5:	Mark Dunn
Aug 12:	Matt Julius
Aug 19:	Evelyn Payne
Aug 26:	Evelyn Payne
Sept 2:	TBA
Sept 9:	TBA
Sept 16:	TBA
Sept 23:	TBA

The readings for June 3rd are:
 Psalm 139: 1 - 6, 13 - 18 (read responsively)
 2 Corinthians 4: 5 - 12
 Mark 2: 23, 3 - 6

Kid's Uniting



We have a modern Sunday school program. Our teachers Fiona and Caterina provide a program featuring yoga and guided meditation, and learning about key Biblical stories in a supportive and creative environment. All children are welcome.

Caterina 1st & 2nd Sundays
 Fiona 3rd & 4th Sundays

MOVIE NIGHT

Our next 'Fish and Chip' Social Night is on June 23rd from 6pm

Bring something for dinner (needn't be fish and chips) and have a relaxing evening with friends. Film suitable for all ages from 7pm.

FUN, FELLOWSHIP, FRIENDSHIP

Harvest Swap



The next Harvest Swap will be on Sunday June 24th following the service.

Bring along plants or anything else related to gardening to swap or share. Come and meet people who share an interest in growing plants. Get advice from some of the more experienced growers.

For further information speak to Eileen

CONGRATULATIONS JEAN

Jean Warriner has recently completed work experience with crosslight as part of her University studies.

The May edition of Crosslight contains a thoughtful book review by Jean. She reviewed 'Joy Interrupted' by Geoffrey Lilburne, an account of a mans struggle with mental illness. Great book, great review. Well done Jean!



From our Church Officer - Candace

As of June 1st, I will be on site Tuesdays and Thursdays generally 10am to 2:30pm. Feel free to drop in and have a visit or do some gardening with me.

Contacting me

Candace Elliott: 0434 491 271 mloqueen@hotmail.com
Church email avuniting@gmail.com

Church keys

I am in the process of refreshing the key register for the church. If you have a key that you no longer need, please return it to me. If you still need your key, can you please see me so that I can check how many keys are currently in circulation?

Updating our records

I am in the process of updating our records of contact details, emergency contacts and email addresses. Email addresses and mobile phone numbers change reasonably frequently, so it would be good to double check with everyone that we have the correct details. I will be available after church June 10, 17 and 24th with the laptop so just drop by with your coffee and check in with me!

Cake Stall(s) 2018

Don't worry; cake stalls are never far from my thoughts. I have recently started making bagels, and am thinking that might be a nice addition to our repertoire. The last few years we have had June cake stalls, but this year with all the lack of progress on the Union Road footpath reconstruction, I've decided to wait until it's all over. I think the chaos has scared people away from the area. Hopefully it will return to normal by July! So maybe we can think of September cake stall???

In any case, we will have a sausage sizzle at the state election polling booth which is at the church Saturday November 24th! It will be all hands on deck, so stay tuned!

Thank you from the Rosinskys

Wow! I wanted to express my heartfelt thanks to my dear friends, the congregation of Ascot Vale UC. Isabella and myself, Caterina, Lucas and Georgina will forever treasure our time of 14 years at Ascot Vale UC. I have felt very humbled and deeply moved by all the kind expressions of friendship and thanks that I have received over these past three months.

These expressions have included the generous gifts that we were given on our last Sunday; I carry my new bag from AVUC wherever I go, and am using the song-books at Coburg. Also, the beautiful support upon my induction into Coburg UC was so appreciated. And then, Michael on your behalf presented me last week with a really awesome photographic display of our time together with such amazing thoughts written in the back of the book. I cherish it, and what it represents. It is so beautifully put together. A big thanks to Michael and to all who contributed. The good people of AVUC will always have a special place reserved in my spirit. It was such a great experience for me personally working with all of you and creating what has been described as a unique and transformative culture at AVUC. I felt like we fully expressed who we are as Christians which included exploring new pathways and ideas. May you all go from strength to strength. Remember what's possible.

With love, Ron Rosinsky

ASCOT VALE UNITING CHURCH ANNUAL GENERAL MEETING ON SUNDAY MAY 6th



Candace, Secretary Dorothy and Fiona with Chairperson Michael at the AGM.

Thank you for Michael and Dorothy for conducting the AGM and to those who provided reports. It was a very informative and well attended meeting

At the AGM Candace Elliott was elected to the Church Council and Fiona Prendergast to Elders.

We thank them both for taking on these important areas of service.



Saying farewell and thank you to Rev Ian for his service as Supply Minister



Lovely to have a visit from Dina who has settled in happily in Woolongong



We congratulate Barbara Williams who was elected as an Elder on May 27th



A big THANK YOU to those who have been helping out with improvements around the church. There's still lots to do in and around the church and garden. If you can spare a bit of time to help have a talk with Candace.



A big thank you to Ashya seen here repairing a door at the church



Special thanks to Fiona seen here hard at work cleaning windows in the children's room

The Church is open for activities every day between 9:30 and 12pm so you won't need a key. Best days are Tuesdays, Thursdays, Fridays and Saturdays as they are the least busy. So that Learningland teachers and other building users know you are from the church, please put on a nametag.

HAPPY BIRTHDAY ROB
(and the shy people who haven't yet put their names on the birthday calendar)



HINTS FOR THOSE ROSTERED ON FOR MORNING TEA

What to bring:

Bring some milk, a litre is enough in case our stockpile is low. Bring some nibbles—something you might serve at home when entertaining family/ guests for morning or afternoon tea.

Upon arrival:

1. Open the kitchenette door and turn on the light; check if the red light on the boiler is on—if not, check that the switch on the back wall behind the boiler is ON. (It takes half an hour for the water to heat to boiling)
2. Put out boxes of tea,/ coffee/sugar, etc
3. Put ground coffee into plunger jugs (for later).
4. Put out cups and mugs.
5. Fill milk jugs
6. Have food on standby to serve.

After the service:

1. Complete preparation of food.
2. Fill plungers with boiling water; fill hot water jug for tea.
3. Serve the worshippers.
4. Wash dishes ...tidy bench...return articles to drawers/cupboards.
5. Turn off kitchenette light and close door.

Angelika

COBURG-ASCOT VALE MEN'S GROUP



Please note change of day,
New meeting time for June only: Sunday 10 June, 6pm
at the Ascot Vale manse, Dinner and Discussion
Discussion topic: *'Beyond good and evil'* ,
according to Nietzsche

Enjoying the Games Night on Saturday May 26th



Special thanks to Francois and Anneke for lots of fun and organizing the night



REIKI SESSIONS Fiona Prendergast

I have been involved with Reiki seriously for the past three years and I feel that I am now ready to offer my services to people in my own space. I also feel that I have evolved as a practitioner, in my journey of the Reiki story. I trained at Enhanced Natural Therapies with Michelle Bean and my lineage is from Dr Mikao Usui. I am also a registered member of the International Institute for Complementary Therapists.

Clients that I have worked with say that they received a positive experience from me and wanted to book me again, I have also studied crystals and their application in my Reiki vocation.

Let us spend time with each other and let us work together, toward your healing light to bring you to a better place. A place of peace. I believe change is achievable with our hearts in unison and in the right place. Filled with the right and good intentions, you will be brought home to you.

Reiki is used in Australian hospitals to promote a sense of wellbeing, peace and calm. It works with conventional treatments. It unlocks blocked energy levels into those of positive energy levels and improves the energy flow. Reiki is used for people with cancer and leukaemia. Reiki cannot cure you but it helps to reduce stress and create a peaceful and relaxing state of being. To improve the quality and comfort of life. It is advised that you talk to a member of your medical team, your doctor and nurses regarding your Reiki treatment.

Reiki is also a pathway to transformation. Nestled and held in the energy centres known as Chakras. It is available for people who are ready and open to change.

You deserve to be happy. It is your own Heart's Call that can awaken your Soul's journey in this lifetime.

Reiki enables you to reconnect to what you hold as your inner truth and asks you to listen to the voice of your heart. I invite you to reconnect to your intuitive self and acknowledge the felt sense within. To create and give birth to your authentic self and what resonates for you.

It allows you to sit in the moment, as it introduces you to your new self and guides you to a place of healing light. It gently brings you to a place of peace and harmony within yourself.

You may be challenged. This helps to create a sense of resilience and resolve to your commitment to you. See Reiki as an act of self kindness and self love. A dedication to your true self as it is initiated from within.

You will move into a presence of life giving energy. In time our Healing Hearts, both yours and mine reveal insights from Spirit and you become your own Creation of Light.

It is a privilege to walk with you into your new life.

Namaste.

Fiona

Reiki sessions available at Ascot Vale Uniting Church

1st Saturday of the month

Starting in June from 1.15 pm

Session is 1 hour and 30 minutes

Cost \$75 Cash payment only

Phone Fiona 0404 346 924 Appointments necessary

AVUC ROSTER, June-September 2018.

Please make your own arrangements for any necessary exchange of dates.

	LEADER / COMMUNION	DUTY ELDER	MUSIC	COUNTING	READER	WELCOM- ER	MORNING TEA
3 June 2018 Communion	Evelyn Payne Noel	Dorothy	Rob	Chris / Robin	Chris	Michael	Judy / Barbara
10 June Family Service	Matt Julius	Michael	Dorothy	Robin/ Chris	MaryCon	Robin	MaryCon/ Chris
17 June Start Refugee Week	Evelyn Payne	Dorothy	Candace	Candace/Jean	Anneke	TBA	Francois / Anneke
24 June Garden Swap	Rev Mark Dunn	Noel	Julian	Noel /Francois	Cally	Cally	Judy/ Jean
1 July Communion Kids Uniting Holiday	Rev Mark Dunn Michael	Michael	Rob	Michael / Jean	Melita	Michael	Hamid / Marjan
8 July Family Service	Matt Julius	Dorothy	Dorothy	Chris / Dorothy	Angelika	Robin	Angelika / Jean
15 July Kids Uniting resume	Evelyn Payne	Noel	Candace	Candace/Barbara	Ken	Ken	Ken / Jenny
22 July	Matt Julius	Michael	Julian	Noel/ Jean	Anneke	Michael	Francois/ Anneke
29 July Garden Swap	Evelyn Payne	Barbara	Candace	Robin / Ken	Barbara	Robin	Chris / MaryCon
5 August Communion	Rev Mark Dunn Dorothy	Dorothy	Rob	Francois/ Judy	Angelika	Judy	Angelika / Barbara
12 August Family Service	Matt Julius	Noel	Dorothy	Dorothy / Jean	Cally	Cally	Hamid / Marjan
19 August	Evelyn Payne	Barbara	Candace	Candace/Barbara	Candace	Ken	MaryCon/ Jean
26 August Garden Swap	Evelyn Payne	Michael	Julian	Michael/Noel	MaryCon	Michael	Francois /Anneke
2 September Communion	Noel TBA	Noel	Rob	Candace/ Jean	Ken	Ken	Ken / Jenny
9 September Family Service	TBA	Dorothy	Dorothy	Dorothy/ Barbara	Cally	Cally	Judy / Jean
16 September	TBA	Dorothy	Candace	Robin/Chris	Chris	Robin	Chris / MaryCon
23 September Kids Uniting Holiday	TBA	Angelika	Julian	Francois/ Noel	Anneke	Judy	Hamid / Marjan
30 September Garden Swap	Rev Eileen Ray	Michael	Candace	Dorothy / Jean	Candace	Michael	Angelika / Barbara